

## INTRODUCTION

All of my life, I have wondered why bad things happen to good people and good things happen to bad people. I have never understood why those who “have” do not understand those who “have not.” As a youth, I remember going to church for the first time and learning about a God who would strike down the unfaithful, his “children,” for doing something wrong. I then remember walking through my schoolyard looking at all my friends, who were children, and thinking, “That can’t be true.” Why would a loving God do something like that? Children are always doing something wrong. Like many, I wondered about death, and whether I would die young or live to be old. I thought about what determined that. Was it a God I knew nothing about, a loving God? And what were the odds of my dying young? I didn’t want to die young.

As a teenager, I had already developed an interest in reading and in the so-called *theater of the mind* imagination. Books took you places, and the words were like paint on canvas, creating images, page after page, as the story unfolded. I loved stories about the Wild West and American pioneers, but what really caught my attention were the American Indians, the natives of the land who had been there for centuries, and most specifically the medicine men. These were educators and historians, the keepers of myths, legends, traditions, and tribal wisdom. They were healers and possessed knowledge of the spirit world, what was described as supernatural powers. They knew stuff, real stuff.

At age sixteen, I latched onto a book called *Psycho-Cybernetics* by Maxwell Maltz and the concept that “**thought plus feeling equals manifestation.**” It’s a simple concept that explains how to use your thoughts and your feelings, through imagination, to create (manifest) something desired. As I began to apply this concept to my life, I had great success with it in sports, where I trained my body to do difficult physical moves in pole vaulting in a very short period of time. As a young adult, this concept also helped me shape my personality, removing false beliefs and giving me confidence to do the things I wanted to do and to be the person I wanted to be.

Needless to say, this experience with what I call “knowledge of substance” had a huge impact on my life. One book led to another, which led to another, and, before I knew it, I was on a path to understanding the truth about this exciting concept and our connection to the supernatural through the mind of an animal, the beast we call a human. As my journey continued through several decades of watching humanity evolve, career choices, and life’s ups and downs, I had the opportunity to apply this knowledge of substance while continuing to learn more about the truth of our existence. It became clear to me that something was missing in the typical education of the human being.

What is missing is the knowledge of who we are and where we come from, that thing that makes us different from every other animal in this world, our *true identity*, the soul. What’s missing is our knowledge of the *big picture*, the consciousness from which we come, the

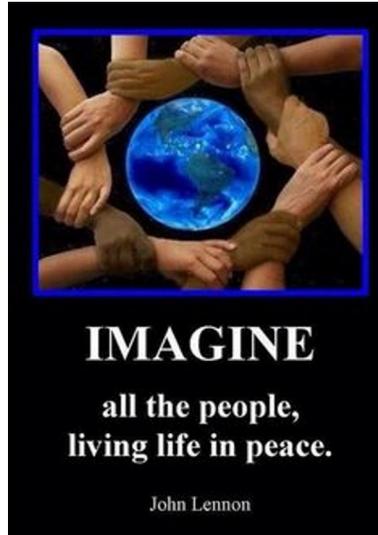
supernatural. This is not a story of fantasy. This is reality, our reality, and it's time that men and women of this world understand the truth about it. It's time that intelligent people stop saying, "No, that can't be true," and look at all the facts that exist. Get out your smartphone, or any device you have, and simply ask Siri, Google, or Alexa a meaningful question.

Search the web for real knowledge. It's all there. The following pages, which I call an "idea composition," will show you exactly where to look. Here you'll find the truth about relevant topics, deeper knowledge, links to support this knowledge, pop culture and its images, and what people in the know are trying to tell you. All this I share with you as simply and clearly as possible, for your benefit.

Know this: the power of your mind and your abilities as a human being are much greater than you realize. You are about to go down a road that will teach you this. The connection between man and consciousness, All That Is (God), is powered through your soul. Through the use of mind, it is this human spirit, your true identity, that has the power to change your world with just your thoughts. You have the power to create, which allows you some control over your life. Unfortunately, no one has taught you how, but that's about to change. The people and knowledge I reference throughout this composition are speaking to humanity, to all the people of the world. Each of them is trying to tell us something about truth—not individual truth, but universal truth as it applies to everyone.

Gaining an understanding of the *Spirit* and the *Beast*, the *whole self*, and how to live together as one, is your greatest challenge in life, as well as your greatest joy. Knowing your true identity, your soul, will create a happiness within and a confidence without that you will have throughout all the days of your life, including the good days and the bad. It will always give you strength, and you will never be alone. Know that whatever you achieve in life, be it great or small in the eyes of humanity, it will have a lasting impact on the Universe. This is the Truth.

Fortunately, as we move forward through the 21st century, there is a mindfulness community that is gaining strength and recognition—the people in this community speak the truth. They are aware of the power our minds possess and the power of our thoughts. As this movement gets stronger, gains momentum, and people learn about the whole self and how to access their supernatural relationship, humanity will begin to care for one another like never before. People will live more exciting and rewarding lives, with more happiness, success, and harmony. And in the words of the great **John Lennon, of BEATLES fame and from his song "IMAGINE": "Imagine all the people, living life in peace."**



As you read the words written on these pages, know that there is meaning in the words of color relative to the ideas within this composition:

**The Universe explained through the SETH material, consciousness at work**

**Authors and personalities sharing knowledge of substance**

**From the mind of The Artisan Victor**

**Thoughts from Ryan and Mason**

**Influence from pop culture**

**The harsh reality of human behavior**